

## BREAKFAST

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### Bacon Bap £4.00

Add sausage, free range fried egg or black pudding for £1 per item

### Sausage Bap £4.00

Add bacon, free range fried egg or black pudding for £1 per item

### Free Range Egg Bap £4.00

Add bacon, sausage or black pudding for £1 per item

### Toast £2.00

Tan Lan Bakery Bread • Butter • Preserves

### Beans on Toast £4.00

Baked Beans • Tan Lan Bakery Bread • Grated Cheese

### Fforest Breakfast £8.00

Bacon • Sausage • Black Pudding • Free Range Fried Egg • Mushrooms • Grilled Tomato • Baked Beans • Tan Lan Bakery Toast

## MAINS

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### Beef Burger £13.00

7oz Welsh Beef Burger • Cheese • Caramelised Onion • Tomato Relish • Sourdough Bun • Skinny Fries • Coleslaw

### Chicken Burger £13.00

Chicken Breast • Bacon • Avocado Puree • Chive Mayo • Sourdough Bun • Skinny Fries • Coleslaw

### Veggie Burger £11.00

Field Mushroom • Goats Cheese • Caramelised Onion • Avocado Puree • Sourdough Bun • Skinny Fries • Coleslaw

### Fish & Chips £12.00

Beer Battered Fish • Skinny Fries • Peas • Homemade Tartare Sauce

### Ham & Eggs £10.00

The Blondin Restaurant Honey Roast Ham • Free Range Fried Eggs • Skinny Fries

### Sausages & Mash £10.00

Award Winning R Evans Butchers Sausages • Mashed Potato • Caramelised Onion Gravy • Green Vegetables

### Thai Green Curry (Vegan) £10.00

Homemade Thai Green Curry Sauce • Asian Vegetables • Braised Coconut Rice (Add Chicken Breast +£3)

### Pie of the Week £13.00

Homemade Pie of the Week • Mashed Potato • Sticky Red Cabbage

### Crispy Beef Salad £9.00

Crispy Beef Strips • Sweet Chilli Sauce • Asian Vegetables • Toasted Cashew Nuts

### Soup of the Day £5.00

Homemade Soup • Locally Baked Bread

### Welsh Lamb Cawl £11.00

Homemade Welsh Lamb and Vegetable Stew • Locally Baked Bread



# FFOREST FOOD

## SIDES

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### Sweet Potato Fries £3.00

### Skinny Fries £3.00

### Side Salad £3.00

### Sticky Red Cabbage £3.00

## KIDS

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### Fish & Chips £6.00

Mini Battered Fish Fillet • Skinny Fries • Peas

### Cheeseburger £6.00

Mini Cheeseburger • Skinny Fries • Baked Beans

### Ham & Eggs £6.00

The Blondin Restaurant Honey Roast Ham • Free Range Fried Egg • Skinny Fries

### Beans on Toast £4.00

Baked Beans • Tan Lan Bakery Bread • Grated Cheese

## HOMEMADE DESSERTS

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### Chocolate Brownie £5.00

Warm Chocolate Brownie • Môn Ar Lwy Vanilla Ice Cream

### Sticky Toffee Pudding £5.00

Sticky Toffee Pudding • Butterscotch Sauce • Môn Ar Lwy Vanilla Ice Cream

### Crème Brûlée £5.00

Vanilla Crème Brûlée • Tropical Fruit Salsa



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