



# BREAKFAST

SERVED UNTIL 11:30AM

## THE ADVENTURER'S BREAKFAST

3 rashers of bacon, 2 sausages, 2 eggs, 2 hashbrowns, tomato, beans and mushrooms served with toast

£14.95 1269kcal

## WELSH BREAKFAST

2 rashers of bacon, sausage, egg, hashbrown, tomato, mushrooms, beans and toast

£11.00 845kcal

## VEGGIE BREAKFAST (V)

VE without egg and butter

2 veggie sausages, egg, tomato, mushrooms, hashbrown, beans and toast

£11.00 977kcal

## AVOCADO ON TOAST (V)

VE without egg and cheese

Sliced avocado, tomato, Feta and pesto drizzle with 2 fried eggs on a toasted bloomer

£9.00 684kcal

## SAUSAGE BAP

Award-winning sausages, served in a bap with Welsh butter

£5.95 406kcal

## BACON BAP

Back bacon served in a bap with Welsh butter

£5.95 336kcal

## VEGGIE SAUSAGE BAP (V)

VE without butter

Veggie sausages served in a bap with Welsh butter

£5.95 505kcal

## EGG BAP (V)

Served in a bap with Welsh butter

£5.50 649kcal

## BREAKFAST BAP

Award-winning sausages, thick cut bacon and a free range egg served in a bap

£6.95 751kcal

## BREAKFAST EXTRAS

### BACK BACON

£1.50 179kcal

### SAUSAGE

£1.50 156kcal

### HASHBROWN

£1.00 143kcal

### FREE RANGE EGG

£1.00 126kcal

### VEGGIE SAUSAGE

£1.50 91kcal

# LIGHT BITES

SERVED FROM 11:30AM

## CAJUN CHICKEN WRAP

Cajun-spiced chicken, salad, lemon and coriander mayo in a tortilla wrap, served with fries and coleslaw

£10.25 1200kcal

## BLT SANDWICH

Back bacon, baby gem lettuce, tomato, red onion and mayonnaise served in local bread with salad

£8.50 1093kcal

## CLUB SANDWICH

Sliced chicken breast, bacon, salad and mayo served on local bread with salad and coleslaw

£9.00 747kcal

## BETROOT SALAD & HOUMOUS WRAP (V) (VE)

Beetroot salad and houmous wrap, served with fries

£9.95 885kcal



## HAM, CHEESE AND PICKLE ROLL

Glazed ham, melted cheese, mustard and gherkins served in a sub roll with salad and coleslaw

£8.50 717kcal

## WELSH RAREBIT ON TOASTED BREAD

Grilled topping of cheddar cheese, ale & wholegrain mustard on thick-cut toast with salad and coleslaw

£7.95 999kcal

## MOZZERELLA AND TOMATO CIABATTA (V)

Served with salad

£7.95 753kcal

**ADD FRIES FOR £2.00**



(V) - VEGETARIAN  
(VE) - VEGAN



For information regarding allergens or any other dietary requirements, please ask a member of the team

# BURGERS

SERVED FROM 11:30AM

## FFOREST BURGER

Chicken and bacon burger served in a sourdough roll with avocado puree, baby gem leaves, tomato and sweet chilli mayo with fries and coleslaw

£16.00 1277kcal

## CLASSIC CHEESE BURGER

Beef burger stacked with smoked bacon, melted cheese, salad, chive mayo, and a homemade burger relish in a fresh local sourdough bun, served with fries and coleslaw

£16.00 771kcal

## BBQ PULLED PORK BURGER

BBQ pulled pork burger, lettuce and red onion with fries and coleslaw

£16.00 963kcal

## WELSH LAMB BURGER

Local lamb burger with Feta, lettuce, red onion, minted yoghurt sauce served with fries and coleslaw

£16.00 1039kcal

## SPICY FALAFEL BURGER (V) (VE)

Homemade spicy falafel burger, pickled beetroot chutney and salad, all in a fresh local sourdough bun, served with fries

£16.00 1104kcal



# SIDES

## FRIES

£4.00 248kcal

ADD CHEESE FOR £1.00

## GARLIC BREAD

£4.00 331kcal

ADD CHEESE FOR £1.00

## HOMEMADE COLESLAW

£3.50 119kcal

# CLASSICS

SERVED FROM 11:30AM

## HONEY GLAZED HAM, EGG & FRIES

Home-roasted honey and 5 spice glazed ham served with two fried eggs and fries

£15.00 755kcal

## BBQ CHICKEN MELT

Chicken breast, melted cheese, BBQ sauce and smoked bacon served with fries and coleslaw

£15.00 796kcal

## CRISPY WELSH BEEF SWEET CHILLI SALAD

Welsh crispy beef coated in sweet chilli sauce, served on a crunchy salad

£14.00 634kcal

## PESTO AND FETA SALAD (V)

Mediterranean pasta salad, served with pesto, marinated olives, peppers and onions topped with Feta cheese

£11.00 1071kcal



# SHARE FOR 2

SERVED FROM 11:30AM

## WELSH BEEF CHILLI FRIES

Fries to share topped with Welsh beef chilli & melted cheese, served with sour cream and relish

£11.95 856kcal

## WELSH BEEF CHILLI NACHOS

Nachos to share topped with Welsh beef chilli & melted cheese, served with sour cream and relish

£11.95 1159kcal

# KIDS

SERVED FROM 11:30AM

## CHICKEN GOUJONS

Chicken goujons served with fries and beans

£7.50 703kcal

## TOMATO PASTA (V)

Tomato pasta topped with grated cheese and garlic bread

£7.50 397kcal

## SAUSAGE & FRIES (V)

Pork or veggie sausage served with fries and beans

£7.50 863kcal

## WELSH CHEESE BURGER

Beef burger topped with melted cheese, served with fries and beans

£7.50 847kcal

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