




BWYDLEN AMSER CINIO LUNCH MENU



PRYDAU YSGAFN LIGHT BITES

Cawl cartref y dydd gyda bara crystiog a menyn Cymreig. Opsiwn heb glwten ar gael




Homemade soup of the day served with crusty bread and Welsh butter. Gluten-free option available
£5.75   




Ffeta wedi'i chwipio a betys wedi'i biclo gyda bara pitta


Creamy whipped feta with pickled beetroot served with pitta bread
£6.50   

Ffalafel cartref sbeislyd a hmwms gyda bara fflat wedi'i grilio
Spicy homemade falafel and hummus served with grilled flatbread
£9.50  

Cig oen brau oddi ar yr ysgwydd gyda blasau Morocaidd, wedi'i weini gyda iogwrt ar fara fflat

Shredded shoulder of lamb infused with Moroccan flavours, served on a flatbread and drizzled with yoghurt
£11.50   

Caws pob Cymreig traddodiadol wedi'i weini ar fara bloomer wedi'i dostio, gyda salad ffres ar yr ochr
Traditional Welsh rarebit served on toasted bloomer, alongside a fresh salad
£8.00   

Ham, wy a sglodion
Ham, egg and chips
£ 10.50 


Brechdan clwb Tyn-y-Coed
Tyn-y-Coed club sandwich
£10.50   



Penfras mewn cyteu cwrw traddodiadol, gyda sglodion a phys slwtsh

Traditional beer battered cod, chips and mushy peas
£14.50    

Salad cymysg cyw iâr wedi'i grilio a chig moch gyda dresin finegr balsamig

Grilled chicken and bacon mixed salad drizzled with balsamic vinegar dressing
£10.50 

Salad Groegaidd
Greek salad
£9.00 

Powlen o sglodion trwy'u crwyn
Bowl of skin-on fries
£3.50

Bara garlleg
Garlic bread
£3.00  




YCHWANEGWCH
GAWS AM £1.00

ADD CHEESE FOR
AN EXTRA £1.00

PWDINAU DESSERTS


Cacen gaws gartref
Homemade cheesecake
£6.95  

3 sgŵp o hufen iâ
3 scoops of ice cream
£6.95 



TATWS TRWY'U CRWYN JACKET POTATOES £8.00

Dewiswch un o'r llenwadau canlynol, gweinir gyda salad â dresin a cholslo;

Choose one of the following fillings, served with dressed salad and coleslaw 



Caws / Cheese 



Ffa pob / Baked beans



Tiwna a mayonnaise / Tuna mayonnaise 



£1 am bob llenwad ychwanegol
£1 extra for a second filling




PANINIS WEDI'U TOSTIO TOASTED PANINIS



Llysiau rhost y Canoldir a ciabatta pesto
Roasted Mediterranean vegetables and pesto ciabatta
£9.50  

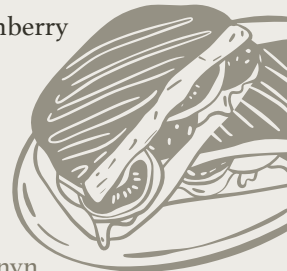
Bacwn, brie a llugaeron
Bacon, brie and cranberry
£8.75  

Brie a llugaeron
Brie and cranberry
£8.25  

Caws cheddar a nionyn
Cheddar cheese and onion
£7.75  

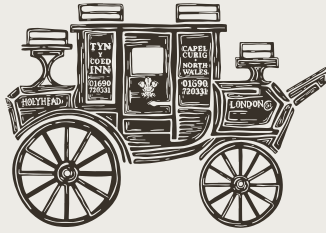
Tiwna mayonnaise a caws
Tuna mayonnaise and cheese
£8.25   

Caws cheddar a ham wedi'i ferwi
Prime boiled ham and cheddar cheese
£8.75  





YCHWANEGWCH
GWPANAIÐ O GAWL AM
£3.00  



ADD A CUP OF SOUP
FOR AN EXTRA
£3.00  







BWYDLEN PLANT KIDS' MENU


Prif Gyrsiau Mains

Pastai'r bwthyn gyda llysiâu cymysg
Homemade cottage pie served with
medley of vegetables
£7.50  

Selsig lleol gyda thatws stwnsh a ffa pob
Locally-sourced sausage served with
mashed potatoes and beans
£7.50  

Goujons penfras gyda sglodion
trwy'u crwyn a phys
Cod goujons served with skin-on
chips and peas
£7.50   


Stiw cig oen cartref i blant
Kids' homemade lamb stew
£7.50 


Pasta penne mewn saws tomato gyda
bara garleg a chaws wedi'i gratio
Penne pasta in a tomato sauce
served with garlic bread and grated
cheese
£7.50 


Ham, sglodion a ffa pob
Ham, chips and beans
£7.50



Pwdinau Desserts

Pwdin taffi gludiog gyda
hufen iâ
Sticky toffee pudding
served with ice cream
£4.50 

Hufen iâ a phethau da –
blas taffi
Toffee ice cream sundae
£4.50 

Browni siocled figan
gyda hufen iâ fanila heb
gynnych llaeth
Vegan chocolate brownie
with dairy-free ice cream
£4.50 

Jeli a hufen iâ
Jelly and ice cream
£4.50 